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PRESS CONTACT: Justin Calder Account Executive Fifteen Degrees 212.545.0451 justin@fifteendegrees.com BANK CONTACT: Matthew Schettino VP & Marketing Director Ridgewood Savings Bank 718.240.4704 mschetti@ridgewoodbank.com

## RIDGEWOOD SAVINGS BANK HELPS BRING POSITIVE CHANGE TO THE GIRLS AT GROVER CLEVELAND HIGH SCHOOL

**Ridgewood, N.Y. – February 5, 2018** Ridgewood Savings Bank has partnered with New York City based nonprofit, Lessons For My Daughters, an organization aimed at empowering girls by providing a safe space to support healthy academic, social and emotional learning. During this semester, the program will be offered to over 50 girls at Grover Cleveland High School in Ridgewood.

The 8-week workshop will aim to increase their competencies in self-awareness, self-management, social awareness, relationship skills and responsible decision making skills.

"With the help of Ridgewood Savings Bank accomplishing our fundraising goal will allow us to better serve the students at Grover Cleveland High School where 70% of the students are at an economic disadvantage and only 63% graduate," said Lessons For My Daughter's Founder, Carmin Caterina. "Bringing this workshop to Grover Cleveland will not only transform the girls and help us change these statistics, but it will also positively affect the school culture and our community at large."

This partnership is just one of the many ways in which Ridgewood supports the communities it serves. In 2017, the Bank, its employees and family members raised over \$964,000 for approximately 250 local charities. Employees donated their time and efforts to support such charities, donating approximately 2400 hours last year alone.

"We plan to make this year more successful than ever and will continue our mission to multiply the good in every community we serve," stated Leonard Stekol, President and CEO of Ridgewood Savings Bank.

"Dr. Charles A. Tonsor was the first Principal of Grover Cleveland High School, which opened in 1931. Dr. Tonsor was also a trustee of Ridgewood Savings Bank from 1943-1958. We couldn't be prouder to help make a positive impact in the community with which we share our past experiences" announced Mr. Stekol. "We look forward to seeing the amazing things that these remarkable young women will achieve."

## About Ridgewood Savings Bank

Founded in 1921, Ridgewood Savings Bank is the largest mutual savings bank in New York State, with over \$5 billion dollars in assets. With 35 branches in the New York area, Ridgewood Savings Bank continues to serve its community as it did in 1921, with their continued focus always on their customers.

## **About Lessons For My Daughters**

Recognizing the lack of girl-centered programs among schools in New York City's inner city, Carmin Caterina created Lessons For My Daughters—a nonprofit group leading the way when it comes to female empowerment. As part of their commitment to supporting young women, they create innovative programs, content and most importantly, a safe space in which to empower our city's girls.

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